



Flexible Spending Account Example **Ineligible** Medical Expenses

Changes Effective January 1, 2011

Effective January 1, 2011, certain over-the-counter (OTC) medications must be accompanied by a doctor's prescription and you will need to complete a request for reimbursement form and submit your request to ASI for consideration. This new legislation affects OTC medications only.

Your City of Modesto Unreimbursed Medical Flexible Spending Account lets you pay for medical care expenses not covered by your insurance plan with pre-tax dollars. The Internal Revenue Service defines medical care expenses as amounts paid for the diagnosis, cure, or treatment of a disease, and for treatments affecting any part or function of the body.

The items listed below are examples of products and services that are not eligible for reimbursement.

- Acne Medication
- Allergy Medicine
- Antacids
- Antihistamine
- Aspirin
- Bactine
- Anti-Diarrhea Medicine
- Bug Bite Medication
- Calamine Lotion
- Cold Medicines
- Cosmetic Surgery
- Cough Drops
- Cough Syrups
- Diaper Rash Ointment
- First Aid Cream
- Future Medical Care
- Heartburn Medicines
- Health Club Dues
- Hemorrhoid Medication
- Incontinence Supplies
- Insurance Premiums
- Laxatives
- Lactose Intolerance Medicine
- Menstrual Cycle Products for Pain and Cramp Relief
- Medicated Shampoo
- Medicated Soap
- Motion Sickness Pills
- Nasal Sinus Sprays
- Nasal Strips
- Nicotine Gum or Patches
- Nutritional Supplements
- Pain Reliever
- Pedialyte
- Rubbing Alcohol
- Products for Muscle or Joint Pain (Ben Gay, Tiger Balm, etc)
- Sinus Medications
- Sleeping Aids
- Special Ointment or Cream for Sunburns
- Spermicidal Foam
- Teeth Whitening
- Throat Lozenges
- Visine or Other Such Eye Products
- Wart Remover Treatments
- Weight-Loss Program
- Yeast Infection Treatments

The list was compiled based on information within the legislation. The IRS has not released a formal list of the times that will no longer be eligible for reimbursement under your Flexible Spending Account without a prescription from a medical doctor as of January 1, 2011.