

W.A.K.E.U.P.

Willing to become **A**ware and to Gain **K**nowledge
of **E**xperiences that are **U**seful **P**rogram

W.A.K.E.U.P. CLASS PROGRAM

W.A.K.E.U.P. is an eight week educational program designed for youth, ages 12 through 17 years old and their parents. Classes are facilitated by a police officer with assistance from law enforcement personnel, family service agencies and community organizations.

It is mandatory for at least one parent to be in attendance at each class session, along with their child.

The classes are held at the Modesto Police Department once a week, for seven weeks. During each class session, instructors share their specialized knowledge and experiences to provide a straightforward, realistic view about the realities associated with making poor choices. Class presenters will provide information on many topics such as:

- County Coroner/Morgue
- Drug Awareness
- Gang Awareness
- HIV/AIDS
- Juvenile Justice System
- Homicide
- Runaway/Missing Persons
- Trauma

In addition, there is an all day field trip for all participants to Deuel Vocational Institution (D.V.I.). For female participants, there is a field trip to the Northern California Women's Facility. Participants visiting the facilities are given a tour, and participate in either the *Straight Life* or *Straight Talk* programs.

W.A.K.E.U.P. GOALS AND OBJECTIVES

The goal of **W.A.K.E.U.P.** is to teach young people to make correct choices and understand the decisions they make today will affect their future. To achieve this goal **W.A.K.E.U.P.**:

- **Provides** families with a hard hitting program that has an immediate and positive impact on juveniles who are headed for self-destruction.
- **Involves** parents and their children in building a positive relationship through the use of effective communication skills.
- **Educates** youth about decision making and the consequences of making wrong choices by showing them the realities of others who have made wrong choices.
- **Redirects** the student's attitude and behavior from negative to positive, at home, at school, and in society.



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W.A.K.E.U.P. COMPONENTS

The **W.A.K.E.U.P.** Program consists of four components. These are **Referral**, **Parenting**, **Counseling**, and **Life Behind Bars**.

• Referral

Juveniles can become enrolled in the program through recommendations made by school officials, parents/guardians, or self referral with parental consent. Juveniles may also be directed to participate in **W.A.K.E.U.P.** by: Police, Diversion, Probation or Juvenile Court.

• Parenting

The Program includes information on parental rights and responsibilities, as well as parenting skills.

• Counseling

Juveniles receive counseling designed to improve their self esteem and decision making skills.

• Life Behind Bars

Juveniles experience the reality of **Life Behind Bars** during a visit to the "*Straight Life*" program at Deuel Vocational Institute, or the "*Straight Talk*" program at the Northern California Women's Facility. Each visit includes a tour of the prison and a group discussion where inmates share the mistakes that put them behind bars, and the harsh realities of prison life.

For More Information Call:
(209) 572-9873 / (209) 572-9571