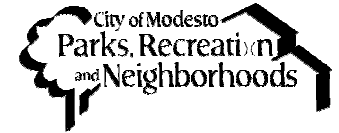




Modesto Senior Citizens Center

211 Bodem Street
(209) 341-2974
February 2012



Monday	Tuesday	Wednesday	Thursday	Friday
<p>☎ Reserve 24 hours in advance (209) 303-0260</p>		<p>8 am Aerobics 🏠 1 9:30 am Strength Training 🏠 10 am Games 😊/Pinochle 🌟 11 am Beg. Tai Chi 😊♥ 11:30 am Senior Meal 🏠 12:30 pm Movie 😊 <i>The Help</i> 2:30 pm Tango 😊 6 pm Round Dance 🌟</p>	<p>9:15 am AARP Tax Assist 2 9:30 am AARP Safe Driving 9:30 am Red Hat Games 9:30 am Crochet 😊♥ 10 am Drop-in Games 😊 11:30 am Senior Meal 🏠 1 pm Oil Painting 🌟 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟</p>	<p>8 am Aerobics 🏠 3 9 am Wii Sports 😊 10 am Pinochle 🌟 Noon Modesto Senior Citizens Club Bingo 🌟</p>
<p>8 am Aerobics 🏠 6 9:30am Strength Training 🏠 10am Drop-in Games 😊 11:30 am Senior Meal 🏠 1 pm Bridge / Quilt 🌟 2:45 pm Yoga 😊♥ 6 pm Belly Dance 🌟</p>	<p>10 am Forever Young Dance Club 🌟 7 1 pm Chess 😊 1:15 pm Bunco 😊 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟</p>	<p>8 am Aerobics 🏠 8 9:30 am Strength Training 🏠 10 am Games 😊/Pinochle 🌟 11 am Beg. Tai Chi 😊♥ 11:30 am Senior Meal 🏠 12:30 pm Movie 😊 <i>One Day</i> 2:30 pm Tango 😊 6 pm Native Daughters 🌟</p>	<p>9:15 am AARP Tax Assist 9 9:30 am Crochet 😊♥ 10 am Drop-in Games 😊 11:30 am Senior Meal 🏠 1 pm Oil Painting 🌟 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟</p>	<p>8 am Aerobics 🏠 10 9 am Wii Sports 😊 10 am Pinochle 🌟 Noon Modesto Senior Citizens Club Potluck & Bingo 🌟 7 pm Forever Young Dance Club 🌟</p>
<p>8 am Aerobics 🏠 13 9:30am Strength Training 🏠 10am Drop-in Games 😊 11:30 am Senior Meal 🏠 1 pm Bridge / Quilt 🌟 2:45 pm Yoga 😊♥ 6 pm Belly Dance 🌟</p>	<p>10 am Forever Young Dance Club 🌟 14 1 pm Chess 😊 1:15 pm Bunco 😊 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟 6:30 pm Beginning Ballroom 🌟</p>	<p>8 am Aerobics 🏠 15 9:30 am Strength Training 🏠 10 am Games 😊/Pinochle 🌟 11 am Beg. Tai Chi 😊♥ 11:30 am Senior Meal 🏠 12:30 pm Movie 😊 <i>Cowboys and Aliens</i> 2 pm Green Bag 🍏 2:30 pm Tango 😊 6 pm Round Dance 🌟</p>	<p>9:15 am AARP Tax Assist 16 9:30 am Red Hat Crafts 9:30 am Crochet 😊♥ 10 am Drop-in Games 😊 11:30 am Senior Meal 🏠 1 pm Oil Painting 🌟 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟</p>	<p>8 am Aerobics 🏠 17 9 am Wii Sports 😊 10 am Pinochle 🌟 Noon Modesto Senior Citizens Club Bingo 🌟 7 pm Ballroom Dance Club 🌟</p>
<p>Presiden'ts Day Center Closed 20</p>	<p>10 am Forever Young Dance Club 🌟 21 1 pm Chess 😊 1:15 pm Bunco 😊 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟 6:30 pm Beginning Ballroom 🌟</p>	<p>8 am Aerobics 🏠 22 9:30 am Strength Training 🏠 10 am Games 😊/Pinochle 🌟 11 am Beg. Tai Chi 😊♥ 11:30 am Senior Meal 🏠 12:30 pm Movie 😊 <i>Don't Know How ...</i> 2:30 pm Tango 😊 6 pm Round Dance 🌟</p>	<p>9:15 am AARP Tax Assist 23 9:30 am Crochet 😊♥ 10 am Drop-in Games 😊 11:30 am Senior Meal 🏠 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟</p>	<p>8 am Aerobics 🏠 24 9 am Wii Sports 😊 10 am Pinochle 🌟 Noon Modesto Senior Citizens Club Bingo 🌟 7 pm Square Dance 🌟</p>
<p>8 am Aerobics 🏠 27 9:30am Strength Training 🏠 10am Drop-in Games 😊 11:30 am Senior Meal 🏠 12:30 pm Zumba Gold 😊 1 pm Bridge / Quilt 🌟+ 2:45 pm Yoga 😊♥ 6 pm Belly Dance 🌟</p>	<p>10 am Forever Young Dance Club 🌟 28 1 pm Chess 😊 1:15 pm Bunco 😊 1:45 pm Inter. Tai Chi 🏠 4:30 pm Pilates 🌟 6:30 pm Beginning Ballroom 🌟</p>	<p>8 am Aerobics 🏠 29 9:30 am Strength Training 🏠 10 am Games 😊/Pinochle 🌟 11 am Beg. Tai Chi 😊♥ 11:30 am Senior Meal 🏠 12:30 pm Movie 😊 <i>Greening of W. Brown</i> 2:30 pm Tango 😊 6 pm Round Dance 🌟</p>	<p>Legend: 😊 Free 🏠 Donation fee ♥ Sponsored by Caremore 🌟 Fee and/or Membership 🍏 Pre-registration Only 🏥 Sponsored by Stanislaus Surgical Hospital</p>	

Modesto Senior Citizens Center

211 Bodem Street

Hours:

Mon, Wed, Fri, 8 a.m.-4 p.m.

Tue, Thur, 9 a.m.-3 p.m.

Contact

Shannon Parker

Phone: (209) 341-2974

Web: www.modestogov.com/prnd/recreation/scc

Coordinator

Fax: (209)491-4341

E-mail: sparker@modestogov.com

Check out the following classes in the Winter/
Spring 2012 Activity Guide

- * Art of Memory
- * Ballroom Dance
- * Belly Dance
- * Oil Painting
- * Pilates

Coming in February...

ZUMBA!

Sponsored by Stanislaus Surgical Center

Club Contacts

Forever Young Dance Club
(209) 534-7663

Modesto Ballroom Dance Club
(209) 614-8048

Modesto Senior Citizens Club
(209) 523-9834

Native Daughters of the Golden West
(209) 523-9834